

BACK-TO-SCHOOL CHECKLIST

School supplies

- ☐ Backpack (durable & age-appropriate size)
- ☐ Lunchbox/Snack containers
- ☐ Water bottle (spill-proof)
- ☐ Notebooks (wide or college-ruled)
- ☐ Folders or binders
- ☐ Pencils & erasers
- ☐ Pens (blue, black, red)
- ☐ Pencil case
- ☐ Crayons/Coloured pencils/Markers
- ☐ Highlighters
- ☐ Scissors (kid-safe)
- ☐ Glue sticks
- ☐ School glue
- ☐ Ruler
- ☐ Index cards/Sticky notes
- ☐ Calculator (if needed)
- ☐ Headphones or earbuds (for tech use)

Clothing & Personal items

- ☐ Weather-appropriate clothes (layers for fall)
- ☐ School uniforms (if required)
- ☐ Comfortable shoes/sneakers
- ☐ Extra socks & underwear
- ☐ Light jacket or hoodie
- ☐ Raincoat or umbrella
- ☐ Face masks (if required)
- ☐ Reusable hand sanitizer
- ☐ Hair ties/Brush/Comb
- ☐ Refillable travel tissues

Lunch & Snack time

- ☐ Insulated lunch bag
- ☐ Ice packs
- ☐ Reusable snack bags
- ☐ Utensils/Napkins
- ☐ Healthy grab-and-go snack stash
- ☐ Hand Sanitizer

Extras for success

- ☐ School planner/Agenda
- ☐ Backpack ID tag

Bonus must-haves for parents

- ☐ Family calendar or digital scheduling app
- ☐ Routine checklist for mornings and evenings
- ☐ Dedicated homework space
- ☐ Emergency contact list updated

